



April 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

St. Paul's Villa

2340 Fourth Avenue • San Diego, CA 92101
(619) 232-2996 • www.stpaulseniors.org



5
9:30 Daily Chronicle
10:15 Aroma Therapy with Kathy
1:15 Ice Cream Social
2:15 Easter Egg Hunt and Treats W
3:15 Live Music W

6
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Sound Therapy L
2:45 Sand bag Toss
3:15 Coloring Book Social

7
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris W
1:30 Monthly Gazette
1:30 Passover Spiel w/ Rabbi Ian L
2:30 Zumba with Ava W
2:30 Doll & Robotic Pet Therapy
3:15 Rosary Club
3:15 Hockey Games W

8
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
1:30 Fitness with Theresa
2:30 Greeting Cards
2:30 Wii Bobsledding
3:15 Sports Mania with Adam L
3:15 Washer Toss

9
9:30 Fitness with Theresa
10:15 Sensory Visits with Hector
10:15 Christian Worship C
1:15 Art Class with Sarah
1:45 Readers Theater Rehearsal W
2:15 Wheel of Time
3:00 History Class
3:15 Social Time

10
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:30 Price is Right
2:00 Tyrone's Dance Exercise
3:00 Happy Hour with Cowboy Jack W

11
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Morning Walk
1:30 Sit & Fit with Kathy W
2:45 Word Think & Games

12
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Coloring Social
2:15 Ice Cream Social
3:15 Live Music W

13
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Mind Fitness Hangman
2:15 Volleyball Play
2:45 Classic Comedians w/Adam L
3:00 Doll & Robotic Therapy

14
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris W
1:30 Bingo
1:30 Nail Salon
2:30 Zumba with Ava W
3:15 Daily Mass
3:15 Darts & Horse Shoes W

15
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
1:30 Fitness with Theresa
2:30 Balloon Toss
2:30 Craft Shop
3:15 Bible Study with Carol
3:15 Memory Magic Therapy

16
9:30 Fitness with Theresa
10:15 Christian Worship C
10:15 Sensory Visits
1:30 Video Virtual with Carlos L
1:45 Readers Theater Rehearsal W
2:30 Sing-A-Long
3:00 History Class
3:15 Smoothie Social Time

17
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
1:30 Math Magic
2:00 Tyrone's Dance Exercise
3:00 Happy Hour with Double Take W

18
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Sing Along

19
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Bunco
2:15 Ice Cream Social
3:15 Live Music W

20
9:30 Fitness with Theresa
10:15 Daily Chronicles
10:45 Nature Walk
1:30 Joggin' Your Noggin'
2:15 Planes, Trains, & Automobiles
3:15 Soccer Mania

21
9:30 Daily Chronicle
10:00 Kids Visit for Activity W
10:15 Virtual Reality World L
11:45 St. Joseph's Mass Service
1:30 Cafe Social with Barista
1:30 Fake Flower Arrangements
2:30 Zumba with Ava W
2:30 Doll & Robotic Pet Therapy
3:15 Karaoke Musical W

22
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
10:15 Sensory What's in My Purse
12:30 Scenic Drive AT
1:30 Fitness with Theresa
2:30 Earth Day Puzzles
3:15 Rey's Earth Day Art Exhibit

23
9:30 Fitness with Theresa
10:15 Christian Worship C
10:15 Sensory Visits
11:45 Museum Outing
2:30 Color Book Social
3:15 John on Piano W

24
9:30 Jean's Body & Health Class
10:30 Daily Chronicle
10:30 Walter's Theatrical Readings W
1:30 The Price is Right L
2:00 Tyrone's Dance Exercise
3:00 Happy Hour with Blue Four W

25
9:30 Daily Chronicle
10:00 Catholic Communion C
10:45 Morning Walk
1:30 Sit & Fit with Kathy W

26
9:30 Christian Worship with Cristina C
10:15 Aroma Therapy with Kathy
1:30 Frisbee Golf
2:15 Ice Cream Social
3:15 Live Music W

27
9:30 Fitness with Theresa
10:15 Zina on Piano
10:45 Nature Walk
1:30 Daily Chronicles
2:15 Croquet Ball Game
3:00 History Matters with Gary W

28
9:30 Daily Chronicle
10:15 Music Appreciation w/ Chris L
1:30 Parachute Beach Ball
1:30 Snow Cone Social
2:30 Zumba with Ava W
3:15 Daily Mass
3:15 Mini Horse Visit

29
9:30 Daily Chronicle
9:45 Music with Jean
10:15 Music Study with Jean L
1:30 Fitness with Theresa
2:30 Wii Ice Skating
2:30 Balloon Toss
3:15 Theater Reading

30
9:30 Fitness with Theresa
10:15 Christian Worship C
10:15 Sensory Visits
1:30 Hockey Play & Discussion
1:45 Readers Theater Performance W
2:15 Sing-A-Long
3:00 History Class
3:15 Smoothie Social Time



APRIL BIRTHDAYS

PETER L. 4/1
AL P. 4/1
CHARLOTTE A. 4/18
CAROL H. 4/19
MICHAEL T. 4/29

LOCATION KEY

Waterman Ballroom W
Chapel C
Living Room L
At Your Own Expense AT