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2340 Fourth Avenue • San Diego, CA 92101
(619) 232-2996 • www.stpaulseniors.org

APRIL 2026



St. Paul's Villa
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ST. PAUL'S VILLA *Associates*

LaTresa Downing
Executive Director

Juana Robles
Supervisor, Administration

Rhonda Campbell
Resident Services Coord.

Adam McRoy
Activity Coord.

Divina Salinas
Director of Nursing

Terri Hancock
Sales Specialist



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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<p>5</p> <p>9:30 No Worship Service Today C 10:30 Aroma Therapy & Guided Meditation L 11:00 Easter Lunch Special Dining 2:15 Easter Egg Hunt & Treats W 3:15 Music with Iris W 5:45 Sunday Movie L</p>	<p>6</p> <p>10:30 Move it Or Lose it 1:30 Sound Therapy L 3:00 Current Events with Uldis (Emeritus Class) L</p>	<p>7</p> <p>9:15 CVS/\$ Tree/Sprouts AT 9:45 Catholic Daily Mass L 10:15 Music Appreciation with Chris W 1:30 Passover Spiel with Rabbi Ian L 2:30 Zumba with Ava W 5:45 Tuesday Movie L</p>	<p>8</p> <p>9:15 Bible Study 10:00 Music Study with Jean (Emeritus Class) L 1:30 Bunco L 2:30 Move it Or Lose it W 3:15 Sports Mania with Adam L</p>	<p>9</p> <p>10:30 Move it Or Lose it W 1:45 Readers Theater Rehearsal W 3:00 American Biography: President Lincoln Pt. 1 L 5:45 Thursday Movie</p>	<p>10</p> <p>9:45 Walking Club with Juana LO 10:15 Body Dynamics & Health with Jean (Emeritus Class) L 1:15 Tyrone's Song & Dance Exercise L 2:15 Laugh with Lorraine L 3:00 Happy Hour with Cowboy Jack W</p>	<p>11</p> <p>9:30 Morning Walk 10:00 Catholic Communion C 1:30 Sit & Fit with Kathy W 2:45 Art Class with Sarah L 5:45 Saturday Movie L</p>
<p>12</p> <p>9:30 Christian Worship w/Chaplain Cristina C 12:00 Villa Store W 2:15 Ice Cream Bar Social w/Hector P 3:15 Zina on Piano L 5:45 Sunday Movie L</p>	<p>13</p> <p>10:30 Move it Or Lose it 1:30 Current Events With Uldis (Emeritus Class) L 2:45 Classic Comedians & Their Stories L</p>	<p>14</p> <p>9:15 Target/Ralphs Shopping AT 9:45 Catholic Daily Mass 10:15 Music Appreciation w/ Chris Burns W 2:00 Town Hall W 2:30 Zumba with Ava W 3:15 Darts & Horse Shoes W 5:45 Tuesday Movie L</p>	<p>15</p> <p>9:15 Bible Study 10:00 Music Study with Jean (Emeritus Class) L 12:30 The Brain Observatory AT 1:30 Bunco L 2:30 Move it Or Lose it W 3:15 Intergeneration Speed Connection L</p>	<p>16</p> <p>10:30 Move it Or Lose it W 11:30 Resident Birthday Lunch Dining 1:45 Readers Theater Rehearsal W 3:00 American Biography: President Lincoln Pt. 2 L 5:45 Thursday Movie</p>	<p>17</p> <p>9:00 Walking Club with Rhonda LO 10:15 Body Dynamics & Health with Jean (Emeritus Class) L 1:15 Tyrone's Song & Dance Exercise L 2:00 Military History with Justin L 3:00 Happy Hour with Double Take W</p>	<p>18</p> <p>9:30 Morning Walk 10:00 Catholic Communion C 1:30 Word Games L 5:45 Saturday Movie L</p>
<p>19</p> <p>9:30 Christian Worship w/Chaplain Cristina C 10:30 Aroma Therapy & Guided Meditation L 2:15 Exploring The Way of the Shaman with Hector L 3:15 Jim on the Piano W 5:45 Sunday Movie L</p>	<p>20</p> <p>10:30 Move it Or Lose it 1:30 Current Events with Uldis (Emeritus Class) L 2:45 Flower Arrangements P</p>	<p>21</p> <p>9:15 Shopping at Whole Foods AT 10:15 Virtual Reality World with Carlos L 11:45 Bus Trip for Catholic Mass 2:30 Zumba with Ava W 3:15 Karaoke Musical W 5:45 Tuesday Movie L</p>	<p>22</p> <p>9:15 Bible Study 10:00 Music Study with Jean (Emeritus Class) L 12:30 Scenic Drive AT 1:30 Resident Food Meeting w/Chef Jenny Dining 2:30 Move it Or Lose it W 3:15 Rey's Earth Day Art Exhibit W</p>	<p>23</p> <p>10:30 Move it Or Lose it W 1:45 Readers Theater Rehearsal W 3:15 John on Piano W 5:45 Thursday Movie</p>	<p>24</p> <p>9:30 Body Dynamics & Health with Jean L 10:30 Write Out Loud "Theatrical Readings" W 1:15 Tyrone's Song & Dance Exercise L 2:15 Laugh with Lorraine L 3:00 Happy Hour with Blue Four W</p>	<p>25</p> <p>9:30 Morning Walk 10:00 Catholic Communion C 1:30 Sit & Fit with Kathy W 5:45 Saturday Movie L</p>
<p>26</p> <p>9:30 Christian Worship w/Chaplain Cristina C 12:00 Villa Store W 2:30 Wild Ax Throwing P 3:15 Lorraine on Piano W 5:45 Sunday Movie L</p>	<p>27</p> <p>10:30 Move it Or Lose it 1:30 Current Events with Uldis (Emeritus College) L 3:00 History Matters with Gary the History Guy</p>	<p>28</p> <p>9:15 Shopping at Walmart AT 9:45 Catholic Daily Mass L 10:15 Music Appreciation with Chris W 2:30 Zumba with Ava W 3:15 Mini Horse Visit W 5:45 Tuesday Movie L</p>	<p>29</p> <p>9:15 Bible Study 10:00 Music Study with Jean (Emeritus Class) L 2:30 Move it Or Lose it W 3:15 Bunco L</p>	<p>30</p> <p>10:30 Move it Or Lose it W 1:45 Readers Theater Performance W 3:00 American Biography: Carnegie & The Innovators L 5:45 Thursday Movie</p>		

APRIL BIRTHDAYS

PETER L. 4/1
AL P. 4/1
CHARLOTTE A. 4/18
CAROL H. 4/19
MICHAEL T. 4/29

LOCATION KEY

Waterman Ballroom W
At Your Own Expense AT
Living Room L
Chapel C
Lobby LO
Dining Room Dining
Patio P