



# September 2022

## St. Paul's Villa Reflections Activities

### THE TREASURE OF TIME



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>L- Living Room C- Chapel W- Waterman Ballroom SFC- 2<sup>nd</sup> floor conference \$- At your own expense P- Patio</p>	<p>Please check the front desk for any changes to the calendar.</p> <p><b>License #</b> <b>370804823</b></p>			<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 10:30 Meditation &amp; Walk 12:45 Scenic Drive <b>2:15 Live Piano Music – W</b> 2:15 Game Time 3:15 Smoothies &amp; Social 3:15 History Class – L</p>	<p>9:30 Daily Chronicle 10:15 Hannah's Health Class 10:15 Men's Spa Day 10:45 Way 2 Wellness 1:00 Zumba w/Ruth 2:00 Happy Hour – W "1950s Rock"</p> <p>3:15 Humorous Readings w/Lorraine – L</p>	<p>9:30 Exercise – W 10:00 Daily Chronicle 10:00 Catholic Comm. – C 1:30 Ways 2 Wellness 2:30 Minding Motion – W 3:30 Sing Along 6:00 Movie Time</p>
<p>9:30 Daily Chronicle 10:00 Current Events 10:45 Nature Walk <b>1:00 9/11 Documentary</b> 2:00 Ice Cream Social &amp; Afternoon TV Show 2:30 Christian Worship w/Chaplain Cristina <b>3:00 Wine Social with LIVE Piano Music – W</b></p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:45 Make Some Noise 10:45 Nature Walk 1:30 Hangman <b>1:30 Labor Day Talk &amp; Puzzles</b> 2:15 Parachute 3:00 Parachute Discussion</p> <p style="text-align: center;"><i>Labor Day</i></p>	<p>9:30 Daily Chronicle <b>10:00 Large Crossword</b> 10:30 Catholic Comm. 10:30 Music Appreciation w/Chris Burns – W 1:00 Bingo</p> <p style="text-align: center;"><b>3:00 Fountain of Youth &amp; The Treasure of Time – W</b></p>	<p>9:30 Daily Chronicle 10:00 Happy Fall Cards 10:30 Way 2 Wellness 10:30 Nature Walk 1:30 Live 2 Be Healthy 1:30 Sensory Guess 2:30 Drama Club 2:30 Memory Matching Game 3:15 Family Feud</p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 10:30 Sport &amp; Meditation 1:30 Word Puzzles 1:30 Puzzle Sensory 2:15 Volleyball 3:00 Volleyball Discussion 3:15 Smoothies &amp; Social Time 3:15 History Class – L</p>	<p>9:30 Daily Chronicle 10:15 Hannah's Health Class 10:15 Men's Spa Day 10:45 Way 2 Wellness 10:45 Nature Walk <b>1:15 Young at Heart The Gift of Years – L</b> 2:00 Happy Hour – W <b>3:15 Humorous Readings w/Lorraine – L</b></p>	<p>9:30 Daily Chronicle 10:15 Mad Libs 10:45 Stretch &amp; Flex 1:30 Arts &amp; Crafts 2:30 Rhythm &amp; Sensory 3:30 Large Crossword 6:00 Movie Time</p>
<p>9:30 Daily Chronicle 10:00 Nature Walk 10:30 Laugh it Off 1:15 Adult Coloring 2:00 Ice Cream Social &amp; Afternoon TV Show 2:30 Christian Worship w/Chaplain Cristina <b>3:00 Wine Social with LIVE Piano Music – W Grandparent's Day</b></p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:45 Nature Walk <b>1:30 Scattegory</b> 1:30 Short Stories 2:15 Hockey 2:15 Fuzzy Therapy 3:00 Hockey Discussion 3:15 Crafts</p>	<p>9:30 Daily Chronicle <b>10:00 September Talk</b> <b>10:00 Large Crossword</b> 10:30 Catholic Comm. 10:30 Music Appreciation w/Chris Burns – W 1:30 Bunco 2:30 Tyrone's Ballet Ex. – W 2:30 Cardio Exercise 3:15 Smoothies &amp; Social</p>	<p>9:30 Daily Chronicle <b>10:00 You Be the Judge</b> 10:30 Stretch &amp; Flex 10:30 Nature Walk <b>10:15 History &amp; Debate of Caring for the Aged – L</b> 1:30 Live 2 Be Healthy 2:30 Story Reading 2:30 Drama Club 3:15 Wheel of Fortune</p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship <b>1:30 Joggin' Your Noggin</b> 1:30 Fuzzy Therapy 2:15 Game Time <b>3:00 Health Talk – Brain &amp; Mind</b> 3:15 Smoothies &amp; Social Time 3:15 History Class – L</p> <p style="text-align: center;"><i>Resident Birthday Lunch</i></p>	<p>9:30 Daily Chronicle 10:15 Flex &amp; Stretch 10:15 Nail Care 10:45 Way 2 Wellness 1:00 Zumba w/Ruth 2:00 Happy Hour – W LIVE Blue Creek <b>3:15 Embracing All Matters of Age – L</b></p>	<p>9:30 Daily Chronicle 10:00 Catholic Comm. – C 10:15 Mad Libs <b>10:45 Stay Informed</b> <b>1:30 Word Puzzles</b> 2:30 Minding Motion – W 3:30 Sing Along 6:00 Movie Time</p>
<p>9:30 Daily Chronicle 10:00 Current Events 10:45 Nature Walk 2:00 Ice Cream Social &amp; Afternoon TV Show 2:30 Christian Worship w/Chaplain Cristina <b>3:00 Arts &amp; Crafts Prom Apparel – W</b> 3:15 Documentary Showing &amp; Discussion</p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:45 Make Some Noise 1:30 Hangman <b>1:30 For Love of Art – L Museum Travels</b> 2:30 Soccer Ball 3:00 Soccer Discussion <b>3:00 Nostalgic Travel: Route 66 &amp; More – L</b></p>	<p>9:30 Daily Chronicle 10:00 Catholic Comm. 10:00 Music Therapy 10:30 Music Appreciation w/Chris Burns – W 1:30 Bingo 2:30 Tyrone's Ballet Ex. – W 2:30 Cardio Exercise 3:15 Rosh Hashanah Spiel with Rabbi Ian – L <b>3:15 Afternoon Tea Toast</b></p>	<p>9:30 Daily Chronicle 10:00 Missing Letter &amp; Spelling 10:00 Way 2 Wellness 10:45 Stretch &amp; Flex 10:45 Nature Walk 1:30 Name that Tool 1:30 Live 2 Be Healthy 2:30 Memory Matching Game 3:15 Family Feud</p> <p style="text-align: center;"><b>Fall Begins</b></p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:30 Christian Worship 10:30 Sport &amp; Meditation 1:30 Word Puzzles 1:30 Puzzle Sensory 2:15 Volleyball</p> <p style="text-align: center;"><b>6:00 Harvest Moon Prom Night – W</b></p>	<p>9:30 Daily Chronicle 10:15 Garden Club <b>10:30 Write Out Loud Theatrical Readings – W</b> 2:00 Happy Hour – W LIVE Jim on Piano</p> <p>3:15 Yoga w/Eric – W 3:15 Math Addition Contest</p>	<p>9:30 Daily Chronicle 10:15 Mad Libs 10:45 Stretch &amp; Flex 1:30 Arts &amp; Crafts 2:30 Rhythm &amp; Sensory 3:30 Large Crossword 6:00 Movie Time</p>
<p>9:30 Daily Chronicle 10:00 Current Events 10:45 Nature Walk 1:15 Dice Bingo – L 2:00 Ice Cream Social &amp; Afternoon TV Show 2:30 Christian Worship w/Chaplain Cristina 3:00 Wine Social with LIVE Piano Music – W Rosh Hashanah</p>	<p>9:30 Live 2 Be Healthy 10:15 Daily Chronicle 10:45 Uno 10:45 Nature Walk <b>1:30 Scattegory</b> 1:30 Game Time 2:15 Smell Vision 2:15 Basketball 3:00 Basketball Discussion 3:30 History Matters with Gary the History Guy – W</p>	<p>9:30 Daily Chronicle <b>10:00 Large Crossword</b> 10:30 Catholic Comm. 10:30 Music Appreciation w/Chris Burns – W 1:30 Bunco 2:30 Tyrone's Ballet Ex. – W 2:30 Cardio Exercise 3:15 Smoothies &amp; Social Time</p>	<p>9:30 Daily Chronicle 10:00 Missing Letter &amp; Spelling <b>10:15 Treasure of Time Reflections Slide Show–L</b> 10:30 Nature Walk 1:30 Live 2 Be Healthy 1:30 Use Your Senses Game 2:30 Story Reading 3:15 Wheel of Fortune</p> <p style="text-align: center;"><b>4:30-6p Golden Age Candle Light Dinner</b></p>	<p>9:30 Fuzzy Therapy 10:15 Daily Chronicle 10:30 Christian Worship <b>11:30 Picnic Outing to Air &amp; Space Museum</b> 3:15 Smoothies &amp; Social Time 3:15 History Class – L</p>	<p>9:30 Daily Chronicle 10:15 Hannah's Health Class 10:15 Nail Care 10:45 Way 2 Wellness 2:00 Happy Hour – W John on Violin</p> <p>3:15 Yoga w/Eric – W</p>	