



St. Paul's Senior Services has been caring for San Diego seniors since 1960. We are a mission-driven nonprofit committed to serving the physical, spiritual, and social needs of older adults.

Our award-winning communities span from active retirement living, assisted living, memory care, and skilled nursing. As the needs of older adults evolve and change, we lead the transformation of the aging experience with innovative new approaches to senior care.

Want to know more about our communities and services? Contact us today! If we can't help you, we'll find someone who can.

Call and schedule a tour!

Monday - Friday
8:00am - 5:30pm

(619) 591-0600

StPaulsSeniors.org

St. Paul's Senior Services is a mission-driven San Diego nonprofit.



Awarded San Diego's Best Senior Living Communities

-San Diego Union-Tribune

Gold Winner for Best Retirement Living

-San Diego Uptown & Downtown News



1420 East Palomar Street
Chula Vista, CA 91913

(619) 591-0600

plaza@stpaulseniors.org
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Active Retirement Living & Reflections Memory Care

(619) 591-0600

1420 East Palomar Street,
Chula Vista, CA 91913

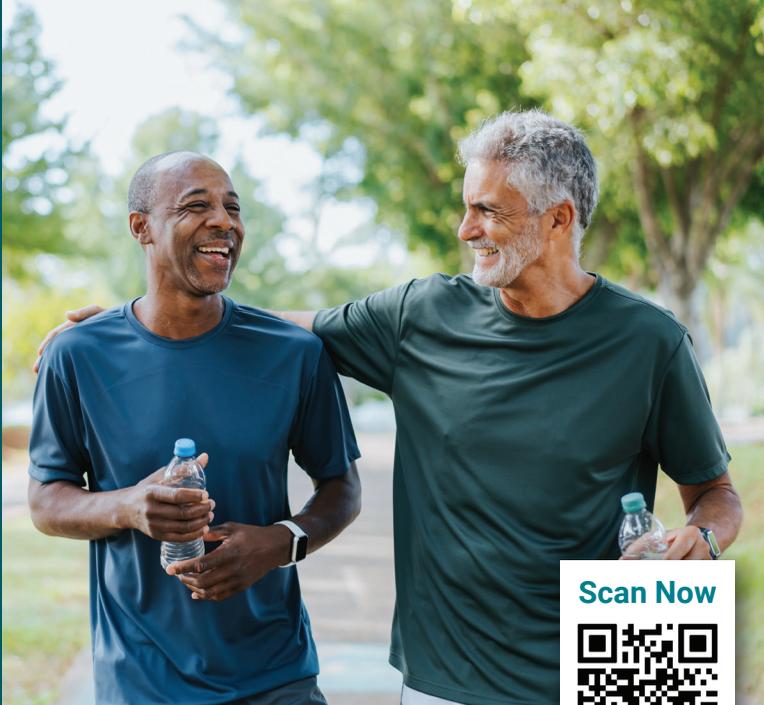
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WHAT MAKES ST. PAUL'S PLAZA Special?

St. Paul's Plaza is our beautiful, resort-style community in Chula Vista, featuring active retirement living, assisted living, and memory care services.

When creating St. Paul's Plaza, we surveyed local seniors and used their recommendations to design our community's layout. They wanted home-like features, so we added family-friendly kitchens and dining spaces, an outdoor barbecue area, a dog park, and a sports bar for families to watch games together!

Residents especially love the location of our community. Ideally situated in Otay Ranch, you'll be just steps away from an array of shops, restaurants, medical centers, and the beautiful Heritage Park.



Scan Now



Luxurious Amenities

- ◆ Wellness center with heated therapy pool
- ◆ Beauty salon and barber shop
- ◆ Massage therapy
- ◆ Solariums and sundecks with lovely views
- ◆ Restaurant, sports pub, and private dining
- ◆ Outdoor barbecue for family gatherings
- ◆ Dance studio and weekly fitness activities
- ◆ Non-denominational chapel
- ◆ Dog park (pets are welcome!)
- ◆ Intergenerational playground

ACTIVE LIVING

Enjoy life! With a full-service restaurant and facilities team, there's no need to cook or maintain a home anymore. Our activities schedule offers plenty of entertainment so that you can stay active and social while we take care of the rest.

REFLECTIONS MEMORY CARE

Reflections is a unique memory care program offering personalized living assistance, consistent staffing, engaging social spaces and meaningful wellness routines. Residents enjoy beautiful apartments with private bathrooms, along with secure living and dining spaces with outdoor areas for exploration.

